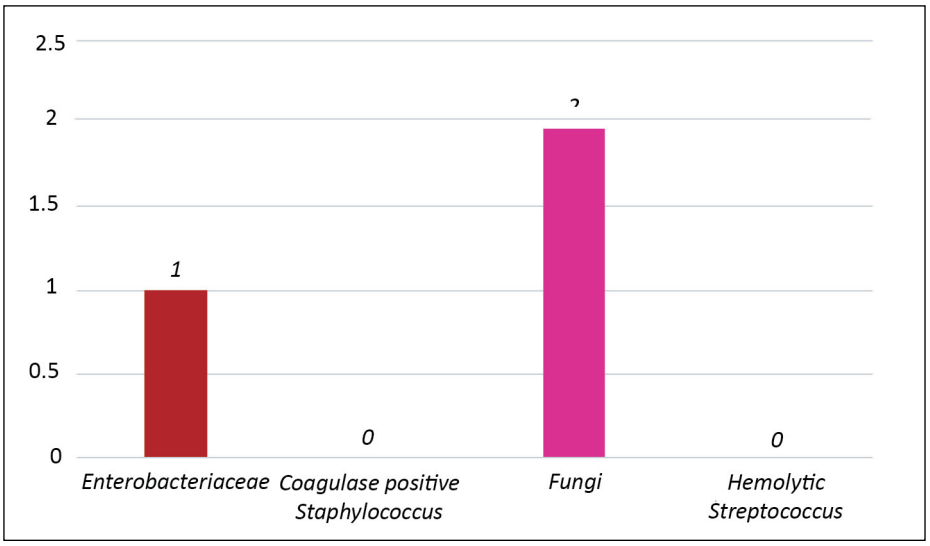

FIGURE 6. *Microbial distribution according to the number of patients after the fourth stage of the treatment session (after rinsing with ethyl alcohol based mouth wash)*

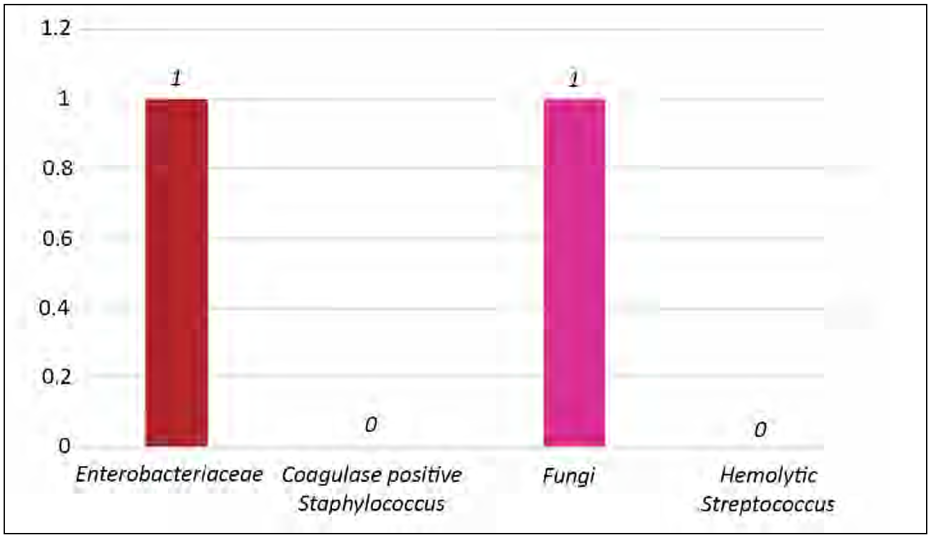

FIGURE 7. *Microbial distribution according to the number of patients after the fourth stage of the treatment session (after rinsing with cetylpyridinium chloride mouthwash).*

The results obtained from this study are in agreement with the results obtained in other studies regarding the effect of chlorhexidine (15-18), ethyl alcohol (19-21) or cetylpyridine chloride (22-24) on the control of bacterial contamination of the brackets in patients undergoing orthodontic treatments with fixed appliances.

CONCLUSIONS

These auxiliary elements used in orthodontics and dentofacial orthopedics, which are the metal brackets, cemented on the teeth, represent extremely retentive elements for the dental microbial plaque, therefore, in addition to the regular specialized consultation, it must be performed for the professional scaling and brushing, at predetermined time intervals.

All mouthwashes, regardless of the basic substance (chlorhexidine, ethyl alcohol, cetylpyridinium chloride), have proven their effectiveness in a similar way over all categories of isolated microorganisms.

It is necessary to insist on the fact that, due to their toxicity and aggressiveness, these disinfectant substances that enter the composition of the mouthwashes and which are part of the categories of disinfectants already established (biguanides, alcohols, quaternary ammonium salts), will be gradually replaced with certain herbal compounds, which have strong antiseptic properties: sage, pot marigold, peppermint, chamomile, sea buckthorn etc.

All patients with fixed dental appliances should be trained very effectively by the orthodontic and dentofacial orthopedic staff, in maintaining proper hygiene, through proper self-cleaning techniques.

It is necessary a permanent training of specialized medical personnel, regarding the appearance and use of new specific materials on the Romanian market of dental products.

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