Advantages of ICG-guided laparoscopic resection in complicated diverticulitis: A narrative literature review

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TYPE OF ARTICLE: Narrative Literature Review

Advantages of ICG-guided laparoscopic resection in complicated diverticulitis: A narrative literature review

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ABSTRACT

More than 10% of cases of acute diverticulitis may require surgical intervention. Despite the high morbidity and mortality rates, the Hartmann's operation has been considered the "gold standard" in the treatment of complicated diverticulosis with peritonitis for many years. Contemporary treatment recommendations define laparoscopy as the method of choice for Hinchey stages II and III, allowing laparoscopic resection with primary anastomosis, as well as laparoscopy with drainage. The inflammatory syndrome causes disruption of microcirculation, and foects the trophicity of the intestinal wall, ultimately leading to compromise of the anastomosis. The use of indocyanine green (ICG) angiography allows for the assessment of circulation and prevention of severe complications. The use of ICG for visualization of the ureters also reduces the risk of iatrogenic lesions.

Keywords: diverticulitis, laparoscopy, resection, anastomosis, ICG

Abbreviations:

AL - anastomotic leak ICG - indocyanine green

INTRODUCTION

Colonic diverticulosis is more common in the elderly, with only 5% diagnosed in patients in their 30s and over 60% occurring in elderly patients in their 80s [1]. Acute diverticulitis occurs in 4%-25% of cases [2,3], 8%-35% of which present with colonic perforation. Generalized peritonitis in colonic perforation (Hinchey states 3 and 4) is a life-threatening condition requiring immediate surgical intervention [2, 3, 4, 5, 6]. Hartmann's procedure, which involves resection of the inflamed colon, closure of the rectal stump, and placement of a colostomy, is still the operation chosen by the majority of surgeons [7,8,9,10]. However, this method is still associated with high morbidity and mortality rates, as well as severe psychological consequences for the patient due to the formation



of a colonic stoma. This is the reason why surgeons are increasingly looking for alternative methods that will ensure better results [11, 12].

Numerous prospective studies in the context of colorectal surgery have demonstrated the advantages of the laparoscopic method over the open method, such as reduced postoperative morbidity argumortality, reduced pain, better aesthetic results, and shorter hospital stays [13, 14]. For this reason, laparoscopic surgery is considered the method of choice for the elective treatment of diverticulosis and its complications [1, 15, 16, 17]. More than 10 years ago, there were conflicting opinions regarding the use of laparoscopi in complicated diverticulitis with perforation and feculent peritonitis, evident from reports of the European Association of Endoscopic Surgeons [18] and the American Society of Colon and Rectal Surgeons [19]. Due to insufficient data the advantages in emergency surgery, the laparoscopic method was considered unsuitable for the treatment of complicated diverticulitis.

Nowadays, with the routine use of minimally invasive methods in the treatment of benign and malignant diseases, the experience and skills of most surgeons have increased, which has facilitated the applicability of laparoscopy in emergency cases of diverticulosis [20, 21]. Practically all operations related to the acute stage of this disease can be performed laparoscopically. The first description of performing a laparoscopic Hartmann's procedure dates back 20 years already [22]. It is characterized by lower morbidity and postoperative mortality compared with the open method. Similarly, sigmoidectomy with primary anastomosis, with or without a protective ileostomy, is routinely performed for complicated diverticulitis [23].

Local inflammation from diverticulitis leads to disturbance in the microcirculation of the intestinal wall. Adequate microcirculation supplies oxygen and nutrients, which are crucial for the healing of the intestinal anastomosis. One of the most important factors determining the success rate of an intestinal anastomosis is the viability of its edges. Most surgeons use the in-vivo method, i.e. they observe the intestinal wall and edges (color, bleeding, peristalsis) to assess circulation [24]. However, in most cases, it has been found that the observation method has little informative value regarding the vitality of the intestinal edges [25]. For this reason, it is necessary to use instrumental methods to observe and assess circulation by direct visualization of the vessels [26] such as the laser Doppler method and Indocyanine green (ICG) angiography. ICG is increasingly used to assess intestinal wall trophicity in colorectal surgery [27], gastric resections, sentinel lymph node biopsy [28], and hepatobiliary surgery [29]. In addition, cystoscopic injection of ICG for ureteral imaging allows rapid and safe detection of intraoperative iatrogenic lesions during minimally invasive treatment of complicated diverticulosis [30]. This reduces the need for intraoperative ureteral stenting.

MATERIAI AND METHODS

A literature search was performed in PubMed and Cochrane databases for case series and comparative studies published in the last 15 years. The following medical subject headings (MeSH) were searched for English titles and abstracts: diverticulitis; acute; emergent; laparoscopy; lavage; drainage; peritonitis; purulent; stercoral; fecal; complicated; perforation; Hinchey; Hartmann; Indocyanine green. The "related articles" function was used to broaden the search. A manual search of the reference lists was also performed to identify additional relevant studies.



DISCUSSION

Signal diverticulosis is uncommon in patients younger than 45 years, as its incidence increases from 5% to 70% in the eighth decade of life. The disease remains asymptomatic in 80% of patients.

After an acute episode, the chance of recurrence is 30%. The success rate of conservative treatment decreases from 70% for the first attack to 6% for the third [1].

Parks et al. have reported an increase in the mortality rate from 3% for the first attack to 7,7% for recurrence [31]. For this reason provide guidance for early treatment of uncomplicated diverticulosis, especially in younger patients. Primary resection and anastomosis with or without protective colo- or ileostomy are considered the safest options for all stages of complicated diverticulitis [32, 33, 34].

Two multicenter studies [35, 36] have shown that laparoscopic sigmoidectomy with primary anastomosis for diverticular disease is feasible and safe, especially in elective surgery, whereas complicated diverticulitis and fistula cases are more likely to be associated with complications. The routine use of minimally invasive techniques in coloproctology has increasingly demonstrated their advantages in reducing intraoperative complications and improving both short- and long-term outcomes. Limiting factors are reported less frequently, even in emergency situations [37]. A study encompassing over 124,000 patients, using data from a national inpatient sample from 2002 to 2007, compared the complication rates, morbidity, and mortality between laparoscopic and open elective surgery for diverticulitis. The study demonstrated that laparoscopic surgery is associated with lower rates of complications, morbidity, and mortality, establishing the minimally invasive approach as the preferred method [38]. A similar comparison, conducted by the SIGMA randomized controlled trial, showed that laparoscopic sigmoid resection had a 15.4% longer operative time, but was associated with a shorter hospital stay [39], improved postoperative quality of life, and a 27% reduction in major morbidity at 6 months [40]. The primary goal of treatment for acute diverticulitis is to resect the bowel segment affected by diverticulosis to achieve disease control. The proximal resection line should be at the level of the descending colon and should be free of inflammatory process. Proximal diverticulosis does not require resection unless the colon is inflamed. The distal margin should be the upper part of the rectum to reduce the risk of recurrence. After colonic resection, there are two main options: creation of a terminal colostomy (Hartmann's procedure) or creation of a primary anastomosis with or without a protective stoma. Two randomized controlled trials provide guidance in making this decision. The first trial randomized 62 patients into two groups. The first group underwent a Hartmann's procedure, and the second group underwent primary anastomosis with a protective ileostomy [41]. Overall complications were comparable, but with a reduction in hospital stay, intraoperative time, and costs in the primary anastomosis group. addition, when analyzing safety, significantly more serious complications were reported with Hartmann's resection than with primary anastomosis (20% vs. 0%). The DIVERTI mal was a multicenter, randomized trial that included 102 patients in which one group underwent Hartmann's surgery and the other group underwent resection with primary anastomosis and protective ileostory [42]. The study observed comparable morbidity and mortality in the two groups, but a higher 18-month stoma closure rate in the primary anastomosis group (Hartmann's surgery: 65% vs. primary anastomosis: 95%). These studies suggest that in cases of complicated diverticulitis with perforation, performing a primary anastomosis with a protective ileostomy leads to a reduction in postoperative morbidity and mortality, and a shorter recovery of intestinal passage.



Current Uses of ICG in the Setting of Colonic Resection for Diverticulosis Assessment of Bowel Perfusion

Anastomotic leak (AL) remains one of the nost serious complications after colonic resection. The incidence of AL varies depending on the type of surgery, with an incidence of up to 19% [43]. To prevent AL, a well-vascularized and tension-free anastomosis is necessary. ICG angiography provides no objective intraoperative assessment of anastomotic perfusion.

Several cohort studies have demonstrated a reduced incidence of AL with the use of intraoperative ICG assessment of anastomotic perfusion, although the results were not always statistically significant [44, 45, 46]. The first randomized controlled trial (RCT) assessing the utilization of [GG] angiography in this context was published in 2020 by De Nardi et al. $^{[47]}$. The trial comprised $\overline{252}$ patients. Although the authors concluded that ICC is safe and does not increase intraoperative time, it failed to show significantly lower rates of AL (5% in the ICG group vs. 9% in the control group). Another RCT published by Alekseev et al. [48] depicted the rates of AL in two groups of patients who underwent bowel resection with low anastomosis (4-8 cm from the anal verge) performed with the usage of circular mechanical stapler. The AL rates were significantly lower in the group in which ICG angiography was utilized (AL rate 14.5%), compared to the group in which this method was not implemented (AL rate= 25.7%). Two recent meta-analyses [49, 50] concluded that intraoperative use of ICG for perfusion assessment is associated with a significantly lower risk of AL. The current literature sports that assessment of anastomotic perfusion with ICG angiography may lead to a reduction in AL. One of the main disadvantages of this otherwise objective method is that subjective factors such as camera distance and visualization time after injection are present in the evaluation of results. Therefore, further studies are needed to standardize the method.

The reduction in AL with ICG angiography has led to its introduction as a routine tool for assessing the blood supply to the bowel wall. (Figure 1.)

Intraoperative assessment of ureteral anatomy

Iatrogenic injusy to the ureters is one of the complications seen during colonic resection for diverticulosis. The left ureter is closels associated with the mesocolon of the descending colon and is at high risk of injury. The highest rates of ureteral injury are seen in operations involving this anatomical region, such so low anterior resection, abdominoperineal resection, and sigmoidectomy [51, 52]. The right ureter is also at risk during lateral mobilization of the right colon, because it is located in the retroperitoneum, lateral to the cecum [53].

A retrospective study conducted in the United States of America has examined patients undergoing colorectal surgery and reported the overall incidence of ureteral injury to be 0.28%. The incidence was found to be significantly higher in patients with stage 3-4 carcinoma, malnutrition, steroid use, etc. The highest risk is in rectal carcinoma (7.1/1000), followed by Crohn's disease and diverticulosis (2.9/1000) [54].

Iatrogenic lesions most often require reoperation to correct the trauma and to prevent intraabdominal urine leakage, which causes extensive inflammation. There are numerous reports in the literature on the use of the ICG method for intraoperative identification of the ureters [55, 56, 57, 58, 59, 60]. This method consists of injecting ICG into the lumen of each ureter cystoscopically. Although the exact amount varies among studies, most recommend applying 2.5-5 mg/ml in each ureter, which is visualized in green during surgery. This facilitates their identification, especially



in minimally invasive surgery with local inflammation from complicated diverticulosis. Until recently, stenting and dye imaginal of the ureters was routinely used to visualize them to prevent trauma. A recent meta-analysis concluded that the use of ICG for ureteral imaging is a safe and effective procedure that can be used intraoperatively, associated with less trauma and without prolonged intraoperative time [61].

(Figure 2.)

CONCLUSION

The use of ICG in the laparoscopic treatment of complicated diverticulosis is undoubtedly beneficial. Perfusion assessment with ICG appears to reduce AL. Its use for identification of the ureters is a fast and efficient method for their visualization and leads to a reduced rate of iatrogenic injuries requiring reoperations, which increase postoperative morbidity and mortality. From all of the above, it can be concluded that laparoscopic surgery in the treatment of complicated diverticulitis has significant advantages over the open method, and in particular Hartmann's operation. The use of ICG brings additional advantages to the success of the treatment, with reducing the rate of serious complications.

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Conflict of interest: none declared
Financial support: none declared

Author's contributions:

Nike ay Y. Yordanov is the only author of this review of the literature. His contributions include: the conception and design of the study, acquisition of data, analysis and interpretation of data, drafting the article and revising it critically.



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FIGURES

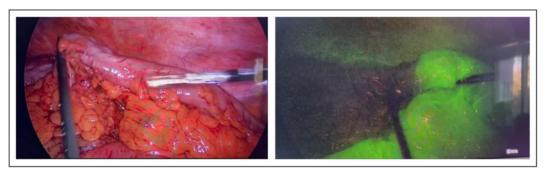


Figure 1. Assessment of bowel perfusion during laparoscopic resection of the colon. Photographs from the author's personal archive.

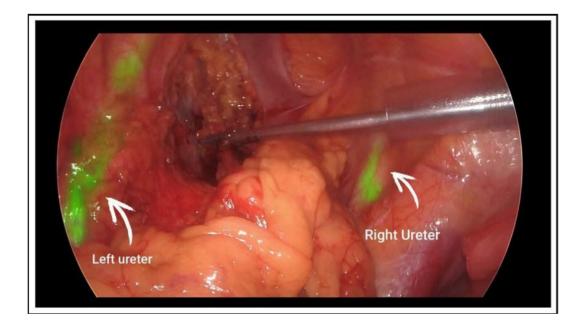


Figure 2. Intraoperative visualization of the ureters using the ICG method. $^{[27]}$